



**Action for
Family Carers**

Open Day - All Welcome

Mersea Island

Day Respite Centre

Thursday 22nd June

11am—3pm

Where?

Harrison Court
Greys Close
West Mersea
CO5 8QR

**Buffet provided with
tea & coffee**

- Providing a break for carers and a chance for their cared-for to meet other people.
- Care and support is provided in a warm and welcoming atmosphere by trained carers.
- Lunch is cooked on the premises
- Planned days out
- Confidential service

Booking essential

If you would like to attend please contact Jayne or Nick on

01621 851640