

# Befriending

## Do you know someone who is lonely and isolated?

Our befriending service could be just the ticket...

The chance to chat- Telephone Befriending

Write Letters- Penfriending

share common interests or just enjoy some company.

CONTACT 01206 368420 (option 3)



All

our volunteers go through DBS checks and personal references to ensure a safe high service.



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-  c/o CVS, 22 Rosemary Road, Clacton, Essex, CO15 1NZ
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