



ECFRS News



February 2022

Welcome from Grace



It's half term this week, so this month's newsletter is especially for young people (plus their parents, grandparents and carers) and how they can help to make Essex safe.

Grace, our newest Fire Safety Marshal is helping to spread our fire safety advice. We gave her an award for how brave she was during a fire in her home.

Grace remembered a very important safety message that she'd learned from South Woodham Ferrers firefighters who visited her school last year: "If there is a fire in your home, get out of the house, stay out and call 999."

And that's exactly what she did! She acted bravely to raise the alarm to her dad and make sure everyone got out of the house. Well done Grace!

Read more about Grace's story by clicking on the learn more link below.

[Learn more](#)



Stay safe while cooking

This month, we've been sharing cooking safety advice to help you all stay safe while cooking - especially busy parents and carers who are often juggling more than one job at once!

Each year, almost half of all accidental house fires are caused by cooking. These types of fires result in the most injuries and, in some cases, these can be fatal.

Cooking fires generally start when people are distracted or careless in the kitchen. They can be easily avoided by taking simple precautions. We know that having children at home can make cooking a busy task but please follow our safety advice to keep your family safe:

- Keep a close eye on your cooking and take pans off the heat or turn them down if you need to leave the kitchen
- If a pan catches fire, don't take any risks – **Get Out, Stay Out, and Call 999**
- Double check the hob is off when you've finished cooking and keep it clear in case it gets turned on accidentally
- Avoid leaving children in the kitchen alone when cooking. Keep matches and saucepan handles out of their reach to keep them safe

[Learn more](#)



Firefighters help brave Stanley in his cancer battle

Six-year-old Stanley Batten was diagnosed with a brain tumour in December last year and is currently undergoing chemotherapy.

One of our firefighters heard about Stanley through a friend of his family and wanted to put a smile on his face.

Watch Manager at Harlow Fire Station, John Warmann, said: "Stanley is a very brave little boy, showing great spirit and strength in his cancer battle.

"He's been in and out of hospital and, as a station, we are trying to give him a break from his day-to-day struggles."

Green Watch firefighters took a Fire Engine to Stanley's home, in Harlow, on Saturday 5 February; they presented him with two fire helmets and even let him have a go with the hose reel!

Find out how you can support Stanley by clicking 'learn more' below.

[Learn more](#)

And lastly, have you seen our Education Hub?

We work in collaboration with Essex Police to delivery safety lessons to thousands of school children across Essex.

We've built an online education hub where you can access our lessons and have conversations with your children about their safety. We cover a range of topics from water safety to cyber safety.

Visit our Education Hub [here](#).



Essex County
Fire & Rescue Service

Education Hub

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